

## Trainee Placement at The Harbour

The Harbour is always interested to hear from trainees who are undertaking a professional qualification in counselling or psychotherapy and wish to gain experience of working psychodynamically within an agency setting.

The work at The Harbour is challenging and makes emotional demands of all the staff who work here. This is why we require all our trainee to be in their own weekly therapy. Trainees will need to have an interest in working with death and dying and the contribution that psychoanalytic ideas have made to our understanding of this experience.

Although the work of students on placement at the Harbour is unpaid, they are considered to be very much part of the team and encouraged to contribute fully to the organisation. The thinking and support that comes from involvement in the organisation is an important part of the work here.

The Harbour is a supportive and lively environment that has a track record of providing an excellent learning environment for trainees. In our small supervision groups we mix up trainee and trained counsellors and psychotherapists which we believe provides an environment that allows trainees to think deeply about their work, the work of their colleagues and to learn more about a psychodynamic approach.

### Requirements students need in order to apply

- Experience of working therapeutically with clients.
- Studying for a full professional qualification in counselling or psychotherapy which must include a psychodynamic component.
- To be in weekly therapy
- To demonstrate a commitment to working psychodynamically and learning more about psychoanalytic and psychodynamic theory.

### Please note: we **do not** take people on placements who:

- Have not yet begun their training.
- Are not in their own personal therapy.

## **The application procedure**

### Stage One

If you fulfil the above criteria, then please fill in an application form. If you would like to discuss applying before completing the application form please contact Paul North (Clinical Lead) on 0117 925 9348.

### Stage Two

If your written application is accepted, you will be invited for an interview at the Harbour with one or two clinical staff. This will be an opportunity to explore in more detail your training needs, the possible impact of the work and other issues.

### Stage Three

If the outcome of the interview is satisfactory we will contact your referees. We are also required to put all applicants for paid or voluntary work through a Disclosure and Barring Service check.

## **What a placement at The Harbour involves**

### 1. Clinical provision

- Group supervision every two weeks for 1 ½ hours.
- Administrative support
- A senior clinical member of staff at The Harbour will oversee your placement.

### 2. Time commitment

- To offer a minimum of three fifty minute sessions per week
- To attend fortnightly supervision either individually or in a small group
- To attend monthly staff meetings. Currently these are held on the first Tuesday of each month from 10.00 to 11.30
- To attend a Staff Day once a year.

### 3. Professional expectations

- To adhere to the BACP code of ethics and practice and the code of ethics of your training organisation
- To maintain confidentiality and data protection
- To be committed to your professional development, including through in-house supervision and clinical discussion in team meetings.

#### 4. Necessary administration and housekeeping

- To keep appropriate records
- To keep the appointments diary up to date, check in-tray and other notices regularly
- To take care of the building with particular attention to locking up, and any health and safety issues.