

The Harbour – Counsellor/Psychotherapist

About The Harbour

The Harbour is a small charity based in the centre of Bristol. Our vision is that everyone in Bristol has a safe space to talk and be listened to when they face death, dying and bereavement. Since 1991 we have offered counselling services to people with a serious or life-threatening illness, their carers and loved ones, and people who have been bereaved.

Since the Covid-19 pandemic we have transitioned from face-to-face counselling to offering these services remotely via video call and telephone, and we hope to resume face-to-face counselling alongside remote sessions in the near future.

Covid-19 has made our service more relevant than ever before, as more people face the impact of life-threatening illness alongside the pressures of lockdown. Referrals to The Harbour are increasing and we anticipate that we will be needed more than ever as we emerge out of the pandemic in the months to come.

We are looking for a counsellor or psychotherapist to join our team of therapists and be part of a friendly and dynamic therapy service. The Harbour works within a psychodynamic approach and any candidate must have an interest in and experience of working within this approach.

Given the nature of The Harbour's work, it is a challenging environment for all the staff who work here, however it is also a thoughtful organisation that is fully aware of the demands this work places upon individuals. Consequently, The Harbour has established robust support structures over the years and the wellbeing of staff is a priority.

To apply for the role, please contact us on info@the-harbour.org.uk to request an application form.

For an informal conversation about the role please contact Paul North (Clinical Lead) on 0117 925 9348 or email paul@the-harbour.org.uk.

JOB DESCRIPTION – COUNSELLOR/PSYCHOTHERAPIST (PART-TIME)

Hours per week:	7 ½ hours per week
Salary:	£28,977 FTE (approx. £6,209 pro-rata)
Reports to:	Clinical Lead
Contract type:	Permanent (subject to funding)

KEY TASKS

- Deliver counselling sessions to a caseload of up to five clients per week. Currently sessions are delivered remotely over Zoom or the phone, in the future this will include face-to-face work.
- Carry out assessments with referrals into The Harbour as and when required.
- Attend fortnightly group clinical supervision.
- Attend the complex assessment meeting/clinical meeting fortnightly (Tuesday 11-12).
- Attend the monthly team meeting on the first Tuesday of every month (11-12.00pm).
- Work closely with colleagues to ensure a high-quality service is provided to all clients.
- Maintain accurate and up to date records using The Harbours database.
- Engage fully with operational staff to ensure the smooth running of the organisation.
- Contribute to The Harbour's wider goals through participation in team meetings, away days and presenting the work of The Harbour to a wider audience.

The above list of job duties is not exclusive or exhaustive and the post holder will be required to undertake such tasks as may reasonably be expected within the scope and grading of the post.

PERSON SPECIFICATION

Qualifications

- To have completed a BACP/UKCP/BPC accredited counselling or psychotherapy training with experience of working psychodynamically.
OR
- Be in the latter stages of a BACP/UKCP/BPC accredited psychotherapy training with evidence of having provided 150 hours of psychotherapy within an agency or private practice.

Experience (essential)

- Experience of seeing clients for 1:1 psychodynamic counselling or psychotherapy either in a private or agency setting for a minimum of 150 hours.
- Experience of managing safeguarding issues and following appropriate procedures.

Experience (desirable)

- Experience of carrying out assessments within an agency or private setting.
- Experience of working within a therapy team and thinking with colleagues about clinical issues.
- Experience of providing counselling/psychotherapy within the voluntary and/or statutory sector.
- BACP, UKCP or BPC accreditation.
- Experience of working with death, dying and bereavement.

Skills and knowledge (essential)

- An excellent understanding of psychoanalytic theories and the practice of psychodynamic counselling and psychotherapy.
- An understanding of monitoring and evaluation requirements in counselling settings.
- Knowledge of statutory safeguarding procedures.
- Ability to maintain up to date and accurate client records.
- Knowledge of BACPs code of ethics. (The Harbour is a BACP accredited organisation)
- Ability to work closely with colleagues from different teams, building strong relationships across teams whilst also maintaining clear boundaries.
- Excellent interpersonal skills.
- Ability to work independently and manage your own caseload.
- Ability to make good use of the support structures in place including clinical supervision, management supervision and team meetings in order to support your health and wellbeing.



Someone to talk to when you need it most

APPLICATION PROCESS

To apply for this role, please contact us on info@the-harbour.org.uk to request an application form.

Deadline for applications

The deadline for applications is 9am on Friday 29th January 2021.

Further details

For an informal conversation about the role please contact Paul North (Clinical Lead) on 0117 925 9348 or email paul@the-harbour.org.uk

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