

## **The Harbour – Senior Therapist (part-time)**

### **About The Harbour**

The Harbour is a small charity based in the centre of Bristol. Our vision is that everyone in Bristol has a safe space to talk and be listened to when they face death, dying and bereavement. Since 1991 we have offered counselling and psychotherapy services to people with a serious or life-threatening illness, their carers and loved ones, and people who have been bereaved. Since the Covid-19 pandemic we have transitioned from face-to-face counselling to offering these services remotely via video call and telephone, and we hope to resume face-to-face counselling alongside remote sessions in the near future.

Covid-19 has made our service more relevant than ever before, as more people face the impact of life-threatening illness alongside the pressures of lockdown. Referrals to The Harbour are increasing and we anticipate that we will be needed more than ever as we emerge out of the pandemic in the months to come.

We are looking for an experienced, skilled psychotherapist or counsellor to join our senior clinical team. You will be responsible for delivering sessions to a small case load, as well as assessment appointments, and clinical supervision to therapists and trainees. You will also support the Clinical Lead with aspects of the clinical management of the service, and represent the organisation in meetings with partners and other services. We are looking for someone who is passionate about the difference that therapy and counselling can make to people's lives. You will have significant experience of delivering psychodynamic therapy or counselling, and a keen interest in psychodynamic theory and how to apply it.

Above all, you will want to make a difference to people in Bristol who face death, dying and bereavement. If you want to join our friendly and committed team then we would love to hear from you.

To apply for the role, please contact us on [info@the-harbour.org.uk](mailto:info@the-harbour.org.uk) to request an application form.

For an informal conversation about the role please contact Paul North (Clinical Lead) on 0117 925 9348 or email [paul@the-harbour.org.uk](mailto:paul@the-harbour.org.uk).

## **JOB DESCRIPTION – SENIOR THERAPIST (PART-TIME)**

**Hours per week:** 14 hrs

**Salary:** £35,000 FTE (Pro-rata: £14,000)

**Contract type:** Permanent (subject to funding)

**Reports to:** Clinical Lead

**Responsible for:** Client allocations in the absence of the clinical lead

### **KEY TASKS:**

- Provide 1:1 counselling to clients affected by death, dying and bereavement.
- Provide clinical supervision to counsellors and psychotherapists. This will be a fortnightly group for 1 ½ hours with up to 3 staff. The group is likely to be a combination of trained and trainee counsellors and psychotherapists.
- Support the clinical lead in overseeing the care pathway, including working closely with the clinical administrator and the clinical lead in ensuring all client data is accurate and up to date on the client database (CiviCRM).
- Support the clinical lead in managing the allocations process. This will involve weekly meetings with the clinical lead to consider all the referrals and support the clinical lead in decision making about the allocation and sign-posting of clients.
- In the absence of the clinical lead (every Wednesday and during other periods of absence) to lead on the allocations process and to be the first point of support for all clinical enquiries.
- Take a lead role in the clinical team fortnightly complex assessment meetings in order to support clinical decision making. To chair these meetings in the absence of the clinical lead.
- Be a point of contact for advice and decision making to all staff in relation to clinical issues.
- Join the senior therapists' monthly meetings and contribute to the clinical direction of the organisation.
- Maintain accurate and confidential notes and records using The Harbour's database (CiviCRM).
- Attend team meetings on the first Tuesday of each month.
- Work with colleagues to ensure a high-quality service is provided to all clients.
- Contribute to The Harbour's wider goals through participation in team meetings and away days.

## PERSON SPECIFICATION

### Essential criteria

- A trained and accredited (BACP, UKCP OR BPC) psychodynamic counsellor or psychotherapist with at least three years post qualifying clinical experience.
- An understanding of monitoring and evaluation requirements in a counselling or psychotherapy setting.
- Experience of working within an agency or statutory setting providing counselling/psychotherapy.
- In-depth knowledge of psychodynamic theories.
- Experience of carrying out individual assessments.
- Experience of delivering clinical supervision.

### Desirable criteria

- Trained as a supervisor.
- Experience of professional liaison with other services.
- Knowledge and experience of responding to safeguarding issues.
- Experience of working with people affected by death and dying.
- Experience of working with complex bereavement.
- Experience of presenting to a wide range of audiences.
- Management experience within the voluntary or statutory sector.
- Knowledge of using a client database e.g., CiviCRM.

## APPLICATION PROCESS

To apply for the role please email [info@the-harbour.org.uk](mailto:info@the-harbour.org.uk) to request an application form.

### Deadline for applications

The deadline for applications is Monday 25<sup>th</sup> January 2021 at 5pm

Interviews will take place on the afternoon of the 2<sup>nd</sup> of February

### Further details

For more details about the role please contact Paul North, Clinical Lead on 0117 925 9348 or email [info@the-harbour.org.uk](mailto:info@the-harbour.org.uk)