

## **The Harbour - Couples and Individuals Counsellor / Psychotherapist (part-time)**

### **About The Harbour** ([www.the-harbour.org.uk](http://www.the-harbour.org.uk))

The Harbour is a small charity based in the centre of Bristol. Our vision is that everyone in Bristol has a safe space to talk and be listened to when they face death, dying and bereavement. For over 30 years, we have offered counselling services to people with a serious or life-threatening illness, their carers and loved ones, and people who have been bereaved.

The pandemic has been challenging for so many people in many different ways. For those facing death, dying and bereavement, it has been especially difficult, with people experiencing the impact of life-threatening illness in the context of a pandemic which forced people to grieve in isolation and which caused the delay of referrals and treatment. As a result, we have seen an increase in referrals to our service.

We work both face-to-face and over the telephone/online with clients, offering a hybrid model for therapy sessions to ensure we are accessible to all who need us.

We are looking for a couples counsellor or psychotherapist to join our team of therapists and be part of a friendly and dynamic therapy service. The Harbour works within a psychodynamic approach and any candidate must have an interest in and experience of working within this approach.

Given the nature of The Harbour's work, it is a challenging environment for all the staff who work here, however it is also a thoughtful organisation that is fully aware of the demands this work places upon individuals. Consequently, The Harbour has established robust support structures over the years and the wellbeing of staff is a priority.

## Job Description

**Hours per week:** 7.5

**Salary:** £34, 579 FTE (approx. £7904 pro-rata)

**Contract type:** Permanent (Subject to funding)

**Reports to:** Clinical Lead

**Responsible for:** Counselling / Psychotherapy sessions for couples and individuals

This is an exciting opportunity for a couples counsellor or psychotherapist to work within a small, friendly and dynamic charity that makes a genuine difference to hundreds of people in Bristol each year.

The post holder will see couples and individuals for assessments and regular counselling sessions. In addition, you will be involved in a lively clinical team that meets regularly and contributes to the development of the organisation. You will also have the opportunity to work closely with the other couple therapist on the team and help to develop our work with couples.

The Harbour uses a psychodynamic approach and applicants must have an interest in and experience of this way of working.

## KEY RESPONSIBILITIES

- Deliver counselling or psychotherapy sessions to a caseload of up to 5 clients/couples per week.
- Carry out high quality assessments and write clear assessment reports.
- Maintain accurate and confidential notes and records using The Harbour's database (CIVI-CRM)
- Work with colleagues as part of the team and support, respect and collaborate with organisational requirements including away days and team meetings and clinical team meetings (held on Tuesday mornings).

## PERSON SPECIFICATION

### Essential criteria

- To have completed a BACP/UKCP/BPC accredited counselling or psychotherapy training with experience of working psychodynamically.
- Completed additional training in couple counselling/psychotherapy, including supervised clinical practice.

- An excellent understanding of the theory and practice of psychodynamic counselling or psychotherapy.
- An understanding of monitoring and evaluation requirements in a counselling or psychotherapy setting.

#### **Desirable criteria**

- Experience of working within an agency or statutory setting providing counselling or psychotherapy.
- Experience of working with people affected by death, dying and bereavement.
- Presentation skills/ teaching /supervising.

### **EQUALITY, DIVERSITY AND INCLUSION**

The Harbour recognises the positive value of diversity and is dedicated to being an inclusive organisation. We encourage applications from people of all backgrounds and are committed to having a team with a diverse set of skills and experience.

#### **Application process**

To apply for the role please email: [recruitment@the-harbour.org.uk](mailto:recruitment@the-harbour.org.uk) to request an application form.

#### **Closing date for applications:**

5<sup>th</sup> October 2022

#### **Further details**

For more details about the role please contact Matthew Wyatt (Clinical Lead) on 0117 925 9348 or email [info@the-harbour.org.uk](mailto:info@the-harbour.org.uk)