

The Harbour – Individual Therapist

The Harbour

The Harbour (www.the-harbour.org.uk) is a small charity based in the centre of Bristol. Our vision is that everyone in Bristol has a safe space to talk and be listened to when they face death, dying and bereavement. Since 1992 we have offered counselling and psychotherapy services to thousands of people with a serious life-threatening illness, their carers and loved ones, and people who have been bereaved.

Who we are looking for

The Harbour has a vacancy for an experienced Individual Therapist. We are looking for someone who shares our passion for providing support to people who are experiencing death, dying and bereavement.

The successful candidate will work with people that have been affected by bereavement or who are facing a life-threatening illness.

We work from a psychodynamic foundation therefore, a grounding in psychodynamic work together with an experience of working at depth in a fixed term model is essential.

We are keen to better reflect the communities we serve and so particularly welcome applications from all backgrounds. If you are interested and not sure if you match the Person Specification or for more information and an informal discussion, please contact Christina Saltmarsh (Clinical Lead) at Christina@the-harbour.org.uk

Why work for us?

First and foremost, you'll have the opportunity to make a genuine difference to people as they face death, dying and bereavement. Whilst it is a privilege to do this work, it can also be challenging. You'll have the support of an amazing team of colleagues and a positive and collaborative working environment.

We offer plenty of benefits including:

- Being part of a charity with a great reputation that is expanding its provision and reach
- 25 days leave + bank holidays + up to an extra 3 days closure at Christmas (pro rata)
- Access to an Employee Assistance Programme (including 24/7 employee assistance line, face to face counselling, medical line, and online support)
- Flexible and Hybrid working

Individual Therapist

Job Description

Main purpose of role:

An Individual Therapist is responsible for assessing people to see that The Harbour is the most appropriate service in Bristol for them and for delivering time-limited, psychodynamic therapy to those people who meet our criteria.

There may well be scope to deliver some psychotherapy in alternative locations, corporate organizations and communities facing a high degree of deprivation and challenge.

Responsible to:

Clinical Lead

Responsible for:

N/A

Location:

Central Bristol office (with possible delivery at other locations).

Salary:

£31,354 (pro-rata)

Hours:

Part time. Approximately 7 hours per week.

Main tasks of role:

- Conduct psychodynamic therapy for people who are impacted by a life-threatening illness or are living with bereavement.
- Carry out assessments to ascertain suitability for therapy.
- Engage with clinical and line management supervision of your work
- Monitor and evaluate the outcomes of therapy.
- Maintain accurate and confidential notes and records using The Harbour's systems.
- Attend and contribute to team meetings on Tuesday mornings.
- Work with colleagues to ensure a high-quality service is provided to all clients.

Person Specification

Skills and experience:

Essential:

- Ability to contain and work with the conscious and unconscious processes arising in therapy.
- A passion for working with people facing their own death, that of a loved one or when they have been bereaved.
- A commitment to promoting equity, diversity and inclusion.
- Interest in working with complexity.

Education and Qualifications:

Essential:

- Professional qualification as a therapist or counsellor at diploma level or above.
- Full membership of relevant regulatory body (e.g. UKCP, BPC, BACP, HPC...).

Desirable:

- Psychodynamic training.
- Further relevant post qualification training.

Experience

Essential:

- Experience of delivering therapy in highly emotive situations.
- Experience of working psychodynamically.

Desirable:

- Experience of working in a range of settings and with a variety of client groups or communities.

Equality, Diversity and Inclusion

The Harbour recognises the positive value of diversity and is dedicated to being an inclusive organisation. We encourage applications from people of all backgrounds and are committed to having a team with a diverse set of skills and experience. If you don't meet all of the criteria but think that you'd be great at the role, we'd love to hear from you.

Please get in touch should you wish to discuss any access requirements.

Safeguarding

Offers of employment will be subject to us receiving satisfactory pre-employment checks, including an enhanced DBS check from the Disclosure and Barring Service. Offers of employment will also be subject to satisfactory references being obtained, proof of any relevant qualifications, satisfactory identity checks and evidence of the applicant's right to work in the UK.

Application process

To apply for the role, please download the job application form from our website (<https://the-harbour.org.uk/about/work-with-us/>) and email it to recruitment@the-harbour.org.uk.

Closing date: 09:00 on 22nd January 2024.