

## **The Harbour**

The Harbour ([www.the-harbour.org.uk](http://www.the-harbour.org.uk)) is a small charity based in the centre of Bristol. Our vision is that everyone in Bristol has a safe space to talk and be listened to when they face death, dying and bereavement. Since 1992 we have offered counselling and psychotherapy services to thousands of people with a serious life-threatening illness, their carers and loved ones, and people who have been bereaved.

We are keen to better reflect the communities we serve and so particularly welcome applications from all backgrounds. If you are interested and not sure if you match the Person Specification or for more information and an informal discussion, please contact Christina Saltmarsh (Clinical Lead) at [recruitment@the-harbour.org.uk](mailto:recruitment@the-harbour.org.uk)

## **Who we are looking for**

The Harbour has a vacancy for an experienced psychotherapist or counsellor. We are looking for someone who shares our passion for providing support to people who are experiencing death, dying and bereavement.

The successful candidate will work with people that have been affected by bereavement or who are facing a life-threatening illness. They will also play a key role in the recruitment, supervision, and ongoing support of trainees.

We work from a psychodynamic foundation therefore, a grounding in psychodynamic work together with an experience of working at depth in a fixed term model is essential.

## **Why work for us?**

First and foremost, you'll have the opportunity to make a genuine difference to people as they face death, dying and bereavement. Whilst it is a privilege to do this work, it can also be challenging. You'll have the support of an amazing team of colleagues and a positive and collaborative working environment.

We offer plenty of benefits including:

- Being part of a charity with a great reputation that is expanding its provision and reach
- 25 days leave + bank holidays + up to an extra 3 days closure at Christmas (pro rata)
- Access to an Employee Assistance Programme (including 24/7 employee assistance line, face to face counselling, medical line, and online support)

# Psychotherapist / Counsellor and Trainee Lead

## Job Description

### Main purpose of role:

A therapist is responsible for assessing people to see that The Harbour is the most appropriate service in Bristol for them and for delivering time-limited, psychodynamic therapy to those people who meet our criteria, either in couples or as individuals.

There may well be scope to deliver some psychotherapy in alternative locations, corporate organisations and communities facing a high degree of deprivation and challenge.

The trainee lead plays a key in the recruitment, supervision, and ongoing support of trainees.

### Responsible to:

Clinical Lead

### Responsible for:

Trainees (six maximum)

### Location:

Central Bristol office, with delivery at other locations as required. Team office day: Tuesday

### Salary:

£33,000 (pro rata) for a fixed term contract of two years

### Hours:

Part time. 7.5 hours per week

### Main tasks of role:

- Conduct psychodynamic therapy for people who are impacted by a life-threatening illness or are living with bereavement.
- Carry out assessments to ascertain suitability for therapy
- Engage with clinical and line management supervision of your work
- Maintain accurate and confidential notes and records using The Harbour's systems.
- Attend and contribute to team meetings on Tuesday mornings
- Monitor and evaluate the outcomes of therapy.
- Work with colleagues to ensure a high-quality service is provided to all clients
- Assist in the recruitment, supervision, and ongoing support of trainees, ensuring effective line management and development.
- Maintain links with training providers

## Person Specification

Skills and experience:

### **Personal Qualities / skills**

Essential:

- A passion for working with people facing their own death, that of a loved one or when they have been bereaved
- Ability to contain and work with the conscious and unconscious processes arising in therapy
- Interest in working with complexity
- A commitment to promoting equity, diversity and inclusion
- An understanding of safeguarding policies and procedures, ensuring compliance with relevant legislation and best practice

Desirable:

- Interest in developing their skills in clinical leadership

### **Education and Qualifications**

Essential:

- Professional qualification as a therapist or counsellor at diploma level or above
- Full membership of relevant regulatory body (e.g. UKCP, BPC, BACP, HPC...).

Desirable:

- Professional qualification as a Couple Therapist or Family Therapist at diploma level or above
- Psychodynamic training
- Further relevant post qualification training
- Qualification in supervision

### **Experience**

Essential:

- 3 years post qualification experience
- Extensive experience of delivering therapy in highly emotive situations.
- Experience of working psychodynamically.

Desirable:

- Experience of working in a range of settings and with a variety of client groups or communities
- Experience delivering supervision to psychotherapists and counsellors

## Equality, Diversity and Inclusion

The Harbour recognises the positive value of diversity and is dedicated to being an inclusive organisation. We encourage applications from people of all backgrounds and are committed to having a team with a diverse set of skills and experience. If you don't meet all of the criteria but think that you'd be great at the role, we'd love to hear from you.

Please get in touch should you wish to discuss any access requirements.

## Safeguarding

Offers of employment will be subject to us receiving satisfactory pre-employment checks, including an enhanced DBS check from the Disclosure and Barring Service. Offers of employment will also be subject to satisfactory references being obtained, proof of any relevant qualifications, satisfactory identity checks and evidence of the applicant's right to work in the UK.

## Application process

To apply for the role, please email [recruitment@the-harbour.org.uk](mailto:recruitment@the-harbour.org.uk) to request an application pack.

Closing date: 24th March 2025

Interview dates: Thursday 3<sup>rd</sup> April and Friday 4<sup>th</sup> April 2025